

Resources for Providing Mouth Care



As a caregiver for older adults with limited mobility you may be wondering where to go to find information about oral care. Here are some resources to assist you!

The Health Promotion Unit with the College of Dentistry at the University of Manitoba is passionate about improving the oral health and overall health of dependent seniors living in long-term care facilities. To help increase the oral health awareness and knowledge, and improve the mouthcare skills of caregivers for seniors, the Health Promotion Unit produced a number of useful videos and fact sheets. These free resources are available on the internet for viewing and downloading by health care professionals and caregivers interested in seniors' oral health.

Website: umanitoba.ca

Webpage title: Mouthcare Resources for Caregivers: Fact Sheets & Video Clips

Web link: http://umanitoba.ca/healthsciences/dentistry/ccoh/ccoh_longTermCareFacts.html

Videos: (click or type in the link above and scroll down for the videos)

- Video 3 - Brushing teeth
- Video 7 - Supplies ready
- Video 8 - Positioning resident
- Video 9 - Positioning at bedside
- Video 13 - Tooth brushing at bedside
- Video 14 - Technique for wheelchair
- Video 15 - Mouth screening

Fact sheets: (type in or click each individual link)

Mouth-Body Health:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/MouthBodyHealth_Nov06.pdf

How to perform oral screening:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/ScreeningAugust2010.pdf

Caregivers Mouthcare worksheet:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/ResidentWorksheet_Nov06.pdf

Gloving for Mouthcare:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/Gloving_Nov06.pdf

Mouthcare helpers for caregivers:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/HelpersTable_Nov06.pdf

Special considerations for Mouthcare:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/SpecialMouthCare_Nov06.pdf

Basic oral care for teeth:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/BasicMouthCarewithteethAugust2010.pdf

Basic oral care for those with dentures/without teeth:

http://umanitoba.ca/faculties/health_sciences/dentistry/media/BasicMouthCarewithoutteethAugust2010.pdf